



The Children's Kitchen

At

The Grove Primary School



WEEKS BEGINNING 8TH MARCH AND 29TH MARCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	PASTA WITH HOMEMADE PESTO SAUCE*	HOMEMADE PEPPERONI PIZZA *	(GF) COTTAGE PIE	(GF, DF) HOMEMADE CHICKEN SOUP WITH RICE NOODLES AND PRAWN CRACKERS	(DF) FISH FINGERS WITH CHIPS*
ALTERNATIVE OPTION	FISHCAKE WITH POTATO WEDGES	(GF,DF) VEGETABLE STIR FRY WITH EGG NOODLES (CONTAINS EGG)	(DF) QUORN BOLOGNAISE AND PASTA * OR PLAIN PASTA WITH CHEESE	JACKET POTATO WITH CHEESE OR BAKED BEANS	CHEESE AND TOMATO WHEEL AND CHIPS

WEEK BEGINNING 15TH MARCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	(GF) CHICKEN TIKKA WITH RICE AND RAITA	(DF,GF) BEEF CHILLI CON CARNE WITH NACHOS *	PORK SAUSAGE ROLLS WITH POTATO WEDGES	HOMEMADE TOMATO SOUP WITH CHEESY GARLIC BREAD	(DF) FISH FINGERS WITH CHIPS*
ALTERNATIVE OPTION	HOMEMADE CHEESE AND TOMATO PIZZA	PASTA WITH HOMEMADE PESTO SAUCE * **	(DF, GF) VEGETABLE CURRY AND RICE	(GF) JACKET POTATO WITH BAKED BEANS AND CHEESE**	CHEESE AND TOMATO WHEEL AND CHIPS

WEEK BEGINNING 22ND MARCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	(DF) BEEF BOLOGNAISE WITH PASTA*	(DF,GF) CHICKEN CURRY AND WHOLEGRAIN RICE	MACARONI CHEESE	CHICKEN PIE	(DF) FISH FINGERS WITH CHIPS*
ALTERNATIVE OPTION	CHEESE AND TOMATO QUESADILLA WITH SALAD	QUORN SAUSAGE ROLL WITH POTATO WEDGES	(DF,GF) 3 BEAN CHILLI WITH NACHOS	(GF) JACKET POTATO WITH, CHEESE OR BAKED BEANS**	FETA AND PESTO WHEEL AND CHIPS

* GLUTEN FREE OPTION AVAILABLE ON REQUEST ** DAIRY FREE OPTION AVAILABLE ON REQUEST

EVERY MEAL WILL BE SERVED WITH A SELECTION OF VEGETABLES AND A DESSERT OF THE DAY

- MILK IS AVAILABLE ON REQUEST DAILY - EXAMPLES OF DESSERT OF THE DAY ARE FRUIT CRUMBLE AND CUSTARD, JELLY, CHEESECAKE, FRUIT SALAD, FRUIT AND CHOCOLATE SAUCE, VARIOUS HOMEMADE CAKES AND FLAPJACK-THERE MAY BE SLIGHT CHANGES TO THE MENU DUE TO CIRCUMSTANCES OUT OF OUR CONTROL; IN THESE CASES, A SUITABLE SUBSTITUTE WILL BE FOUND.