



# The Children's Kitchen

At

The Grove Primary School



**PASTA OPTION - THIS WILL REMAIN THE SAME EACH WEEK FOR THE REST OF THIS HALF TERM.**

**ALL SAUCES AVAILABLE WITH GLUTEN FREE PASTA ON REQUEST**

| MONDAYS                                  | TUESDAYS                            | WEDNESDAYS                       | THURSDAYS           |
|--|-------------------------------------|----------------------------------|---------------------|
| (V, DF) PASTA WITH HOMEMADE TOMATO SAUCE | (V) PASTA WITH HOMEMADE PESTO SAUCE | (DF) PASTA WITH BOLOGNAISE SAUCE | (V) MACARONI CHEESE |

**JACKET POTATO OPTION - THIS WILL REMAIN THE SAME FOR THE REST OF THIS HALF TERM**

| MONDAYS              | TUESDAYS        | WEDNESDAYS           | THURSDAYS                          |
|----------------------|-----------------|----------------------|------------------------------------|
| (V) CHEESE AND BEANS | TUNA MAYONNAISE | (v) CHEESE AND BEANS | (V) QUORN CHILLI<br>(CONTAINS EGG) |

**SPECIALS - THESE WILL CHANGE FORTNIGHTLY**

| MONDAY 20 <sup>TH</sup> SEPTEMBER             | TUESDAY 21 <sup>ST</sup> SEPTEMBER             | WEDNESDAY 22 <sup>ND</sup> SEPTEMBER     | THURSDAY 23 <sup>RD</sup> SEPTEMBER      | FRIDAY 24 <sup>TH</sup> SEPTEMBER                     |
|---|--|--|--|---|
| CHICKEN PIE                                   | CHEESE AND TOMATO QUESADILLA                   | (GF, DF) SWEET POTATO AND CHICKPEA CURRY | (DF) BEEF BURGER WITH HERBY DICED POTATO | FISH FINGERS *<br>OR PESTO AND FETA PUFF WITH CHIPS   |
| MONDAY 27 <sup>TH</sup> SEPTEMBER             | TUESDAY 28 <sup>TH</sup> SEPTEMBER             | WEDNESDAY 29 <sup>TH</sup> SEPTEMBER     | THURSDAY 30 <sup>TH</sup> SEPTEMBER      | FRIDAY 1 <sup>ST</sup> OCTOBER                        |
| FISH CAKES WITH POTATO WEDGES AND BAKED BEANS | (GF, DF) CHICKEN NOODLE SOUP<br>(contains egg) | (GF,DF) VEGETABLE THAI CURRY             | (GF, DF) COTTAGE PIE                     | FISH FINGERS*<br>OR CHEESE AND TOMATO PUFF WITH CHIPS |

\* GLUTEN FREE OPTION AVAILABLE ON REQUEST    \*\* DAIRY FREE OPTION AVAILABLE ON REQUEST  
**EVERY MEAL WILL BE SERVED WITH A SELECTION OF VEGETABLES AND A DESSERT OF THE DAY**

- MILK IS AVAILABLE ON REQUEST DAILY - EXAMPLES OF DESSERT OF THE DAY ARE FRUIT CRUMBLE AND CUSTARD, CHEESECAKE, FRUIT SALAD, FRUIT AND CHOCOLATE SAUCE, VARIOUS HOMEMADE CAKES AND FLAPJACK-THERE MAY BE SLIGHT CHANGES TO THE MENU DUE TO CIRCUMSTANCES OUT OF OUR CONTROL; IN THESE CASES, A SUITABLE SUBSTITUTE WILL BE FOUND.