**Cookery**

**Challenge:**

Make a slice of toast for breakfast.  Be careful when taking the toast from the toaster!  Know never to stick anything metal into a toaster.

Choose what you will spread on it and carefully use the flat side of the knife to spread it.

Cut it in half or quarter, then give it to someone else to enjoy.

**Assessor’s Role:**

Look at the challenger’s photos and read his or her self-assessment. Discuss his or her choice of toast topping and when he or she might make it again.   
Sign and date the booklet then pop a dot on the wall.

**Creation**

**Challenge:**

**Build a den.**

Think about where to build it. It could be inside or out. Plan which chairs/sofas/ branches etc. you'll need.  What will you use for your roof?  What will you choose to put inside it?  What will you do inside your den?

**Assessor’s role:**

Look at the challenger’s photos and read his or her self-assessment. Discuss his or her choice of setting for the den and building materials. You could ask how he or she might do it differently next time? How long he or she spent inside? Etc.

Sign and date the booklet then pop a dot on the wall.

**Domestic Challenge**

**Challenge:**

A. Hoover two rooms in your house.   Make sure you use the small nozzle to get in to the corners and around the skirting boards. (Don’t forget to tidy away everything from the floor first, or it will disappear into the hoover!)

B. Polish your school shoes.

**Assessor’s Role:**

Please have a good read of the child’s self-assessment and photos and ask him or her questions on any significant information.

Sign and date the booklet then pop a dot on the wall.

**Interest**

**Challenge:**

Play a game like Snakes and Ladders or Connect Four with an adult at home. Make sure you are following the rules properly. This challenge is all about following rules, learning to win and lose and showing good sportsmanship.

**Assessor’s Role:**

Please have a good read of the child’s self-assessment and photos and ask him or her questions on any significant information. In particular, please ask about how it feels to win or lose and if he or she was good at following all of the rules.

Sign and date the booklet then pop a dot on the wall.

**Knots**

**Challenge:**

**Tying Knots**

Learn how to tie your shoe laces in a double bow.

Also learn how to do a figure of eight knot and a reef knot.

Show how to do the three knots.

**Assessor’s Role:**

Watch the challenger tying

* A double bow
* A figure of eight
* A reef knot

Please have a good read of the child’s self-assessment and photos and ask him or her questions on any significant information eg. When might knowing how to do these knots be helpful?

Sign and date the booklet then pop a dot on the wall.

**Reading**

**Challenge:**

Read x or y and be able to tell someone about the stories.

**Assessor’s Role:**

Please have a good read of the child’s self-assessment and photos and ask him or her questions on any significant information.

This challenge is to help reinforce the importance of sounding out and breaking up the words.

How was his or her accent? Did he/she understand the stories?!

You could ask him or her about favourite characters/ what kind of person he or she is/ and why the challenger likes him or her so much.

Sign and date the booklet then pop a dot on the wall.

**Exercise**

**Challenge:**

Walk.  Go on a good long walk with your family or friends.  It may be up a good-sized hill, or a flat walk taking a couple of hours.  Learn which clothes are appropriate for being outdoors and what you should take with you (waterproofs, water, snack etc) and carry your own rucksack. Make sure you look at the weather forecast before you head off.

**Assessor’s Role:**

Please have a good read of the child’s self-assessment and photos and ask him or her questions on any significant information. What was the weather like? Did he or she have the right clothes in the rucksack? Would he/she take different/more snacks next time? Etc.

Congratulate him or her on going on such a long walk and encourage another adventure!

Sign and date the booklet then pop a dot on the wall.

**Drama**

**Challenge:**

Chat with and an older family member (such as a grandparent) to find out an interesting or funny story which happened to them. Retell it to your class.  Make sure you include all of the important bits such as 'Who? When? Where? What happened? How it ended?' and try to keep it in the right order.

**Assessor’s Role:**

Listen to the story and pay particular attention to the ‘who? What? Where? Why? How?’ as well as the order of events. I hope that you won’t have to give too many prompts or ask too many questions.  
Sign and date the booklet then pop a dot on the wall.

**Safety**

**Challenge:**

To know you are able to get help and stay safe, learn your address and a parent’s mobile phone number. If you have a home phone number, it could be useful for you to know it too (optional extra challenge).

**Assessor role:**

Have a pretend 999 phone call with the challenger. Does he or she know what to say?

Does he/she know his/her address and parent’s phone number?  
Sign it, date it and then pop a dot on the wall.

**Eco**

**Challenge:**

With a green-fingered adult, learn how to plant bulbs or a plant.

**Assessor’s Role:**

Please have a good read of the child’s self-assessment and photos and ask him or her questions on any significant information.

Ask him or her what he/she learned …. when he/she expects to see the plants growing.

Sign the booklet then pop a dot on the wall.