

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1					
WEEK BEGINNING	CHEESE BURGER WITH POTATO WEDGES AND SALAD	(DF) LOCAL PORK SAUSAGE, MASHED POTATO, BROAD BEANS AND CARROTS **	(DF, GF) ROAST PORK, ROAST POTATOES, VEGETABLES AND OPTIONAL GRAVY	(GF, DF) CHICKEN NOODLE SOUP WITH PRAWN CRACKERS	FISH AND CHIPS AND PEAS**
21 st November	(V, GF, DF) RATATOUILLE AND COUS COUS	(V, GF) CHEESE AND BROCCOLI TORTILLA	(V, DF) SPICY BEAN BURGER, ROAST POTATOES, VEGETABLES AND OPTIONAL GRAVY	(V) JACKET POTATO WITH (GF) BAKED BEANS, CHEESE OR TUNA MAYONNAISE	(V) CHEESE AND TOMATO PUFF WITH CHIPS AND PEAS
	CAKE OF THE DAY	NATURAL YOGURT, AND HONEY WITH FRESH FRUIT	FRUIT FLAPJACKS	APPLE AND BANANA CAKE	CHOCOLATE CAKE OF THE DAY
WEEK 2 WEEK BFGINNING	(DF) LOCAL PORK SAUSAGE, MASHED POTATO, GREEN BEANS AND CARROTS **	(GF) COTTAGE PIE AND SEASONAL VEGETABLES	(GF) CHICKEN KORMA AND WHOLEGRAIN RICE	CHICKEN PIE WITH MASH AND SEASONAL VEGETABLES	(DF) FISH FINGERS AND CHIPS WITH BAKED BEANS **
28 th NOVEMBER	(V) MACARONI CHEESE	(V, DF) QUORN SAUSAGE ROLLS WITH POTATO WEDGES	(V, GF, DF) QUORN SPAGHETTI BOLOGNAISE	(V, GF) JACKET POTATO WITH BAKED BEANS, CHEESE OR TUNA MAYONNAISE	(V) PESTO AND CHEESE PUFF WITH CHIPS AND BAKED BEANS
	STEWED FRUIT AND CUSTARD	BANANA SPLIT	APPLE CAKE	TANGERINE ETON MESS	CHOCOLATE CAKE OF THE DAY
WEEK 3 WEEK BEGINNING	(DF)HOMEMADE CHICKEN NUGGETS WITH BAKED BEANS AND POTATO WEDGES	(DF)SPAGHETTI BOLOGNAISE **	(DF) CHICKEN FAJITAS WITH SALAD**	(DF, GF) SWEET AND SOUR PORK WITH RICE	FISH AND CHIPS AND PEAS**
5 th December	(V,) WHOLEMEAL MARGARITA PIZZA SERVED WITH ROASTED VEGETABLES **	(V, GF) VEGETABLE CURRY WITH RICE	(V) QUORN SAUSAGE AND MASH WITH BAKED BEANS AND GREEN	(V, GF) JACKET POTATO WITH BAKED BEANS, CHEESE OR TUNA MAYONNAISE	(V) CHEESE AND TOMATO PUFF WITH CHIPS AND PEAS
	FRESH FRUIT SALAD AND HOT CHOCOLATE SAUCE	FRUIT PIE AND CUSTARD	BEANS JELLY	BANOFFEE CHEESECAKE	CHOCOLATE CAKE OF THE DAY

Week beginning	CHILLI CON CARNE AND RICE	FISH FINGERS AND CHIPS	CHRISTMAS DINNER	CHICKEN NOODLE SOUP	LAST DAY PARTY LUNCH
12 th December	PESTO PASTA	CHEESE AND TOMATO PUFF	Volunteers needed from 11.15 until 2 pm.	JACKET POTATO	
	NATURAL YOGURT AND HONEY	FLAPJACKS		CAKE OF THE DAY	

^{** -} gluten free option available on request