**PE and Sport Funding 2018 / 2019 - Report**

**and**

**Impact of The Sports Funding**

This report gives details about the PE and sport in the school and shows how the Sports funding money is being spent to give the children the opportunity to experience different sports and activities, as well as developing active lifestyles and embedding the importance of and links between physical and mental health.

At The Grove, we aim for Physical Education to develop pupils’ physical competence and confidence and their ability to use these skills to perform in a range of activities, in curriculum PE, Inter and Intra-school festivals and competitions. We also encourage children to develop healthy and active lifestyles and to be aware of the importance to do this, especially for their own mental and physical health.

The government has provided funding to improve the provision of PE and Sports in primary schools, this could possibly be the last year schools have it! One of the primary aims for the use of this money at The Grove has been to increase the number of children being active and participation in school sport and competition. This has been achieved at The Grove by using some of the money to buy into the Dartmoor School Sports Partnership, which provides children with the opportunity to participate in a range of sporting activities at festivals and competitions. Specialist coaches from Premier sport have also come into school and has led focused lunchtime clubs, which have targeted children, eg girls football. Themed weeks have also been run with the focus of ‘Being Active’. In this theme week children participated in activities in the local area, which they can access without a cost.

**Sainsbury’s School Sport Award**

Bronze Award Achieved

**School Sport**

The following table shows the number of children competing in inter school competitions and the sports that they have competed in, it shows sports and physical activity that 100% of the children have taken part in through specialist coaches brought in by the school or from The Dartmoor Schools Sports Partnership or through going to organised festivals. It also shows the adventurous activities which the children have experienced through the funding. These activities develop the children’s personal, social and emotional health.

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| --- | --- | --- |
| **2017 / 2018** |  | **2018 / 2019** |
| Year Group | Adventurous Activity | Festivals & Coaches | Competitions |  | Year Group | Adventurous Activity | Festivals & Coaches | Competitions |
| 5 / 6 | BigburySurfing | **100% Participation** Hi 5 netballBadmintonTable tennisHockeyDance | **50% pupils**X countryFootballHockeyAthleticsGymnasticsCyclo cross |  | 6 / 5 | **Residential at Okehampton**Gorge scramblingHigh ropesCyclingClimbingNight walksRaft buildingKayaking | **100% Participation** Tag RugbyHandball Cycling proficiencyBasketball | **61% pupils**HockeyTag RugbyFootballHandballBasketballCross countryCyclo –crossAthletics |
| 4  |  Dynamic DartingtonClimbingArcheryZip Wire | GymnasticsCricketDanceTennis | **50% pupils**X countryFootballHi 5 netballGymnasticsCyclo- cross |  | 3 / 4 | Walks in the local areaForest School activities | **100% Pupils** Tag RugbyHandball Athletics | **58% Pupils**HockeyTag RugbyFootballHandballBasketballCross countryCyclo –crossAthletics |
| 3 | Dynamic DartingtonClimbingArcheryZip Wire | GymnasticsCricketDanceTennis | **48% pupils**X countryFootballHi 5 netballGymnasticsCyclo- cross |  |
| 2 | Dynamic DartingtonClimbingZip wireCanoeingKayaking | Key stage 1 Festival | 28 children participated in a KS1 Athletics Copmetition |  | 1 / 2 | **100%** Attended a Key stage 1 Multi skills Festival67% Attended a Key Stage Games FestivalForest School activities |
| 1 | Dynamic DartingtonClimbingZip wireCanoeingKayaking | Key stage 1 festival |  |  |

There have also been intra-school competitions, in which 100 % of children participated in. These were sports day, the swimming gala (year 2 and above).

The number of children participating in competitions has increased. The number could be higher, because there are always more children wanting to attend the events, but are unable to because, quite often the event clashes with other activities the children are taking part in outside of school.

**Sam Lyndon (school Sports Co-ordinator)**

Sam continues to work for the school sports partnership organising festivals and competitions.

**Competition Results**

2017 -2018 – Football League 1st and 3rd

Area Sports Joint 1st

Tag Rugby 3rd

Hockey League – 2nd on goal difference

Winners of the Year 3/4 and year 5/6 athletics competitions in the Totnes Learning community.

2nd and 3rd in the School Sports Partnership Finals for athletics (out of 23 schools)

Individual top ten positions in the cross country running competition and 2nd in the team competition.

Cyclo-cross – Individual medals, including bronze medals

Basketball – 1st

Year 3 / 4 – Handball Competition – 4th and 5th

Year 5 and 6 Handball competition

**Being Active**

In addition to 2 hours curriculum PE, government guidelines recommend that children should have 2 hours of activity a day, with an hour of this at school. We are aiming to achieve this by building half an hour into our timetables when children can be active, this can be linked to the learning, eg active times tables and phonics. Other activities include, aerobics and yoga. The second half hour is at lunchtimes, where children have been selected to lead activities at lunchtimes, to provide children with the opportunity to try out different physical activities. At lunchtimes Michelle has created, zones and the children are now leading activities in the different zones.

**Swimming**

By the end of year 6 all children should be able to swim 25 metre and to perform a safe self-rescue, so some money was used to employ specialist coaches to achieve this, which has now been achieved for the last two years. All children in year 6 are able to swim the full 25m confidently

**Gifted and Talented and SEN**

Through the funding there are 8 children accepted to follow the ‘gifted and talented’ program at KEVICC and 3 children following the ‘Stars’ gifted and talented program at South Dartmoor. SEN children are given the opportunity to attend all the sporting events.

**Staff Training**

The money has been used for staff training in; Tag rugby, handball and athletics.

**Pupil Questionaire**

When questioned about PE, most children enjoyed it, because it, ‘is fun, keeps you active, makes you feel happy, you do things with your friends, they like the apparatus, it makes you feel strong, it wakes me up, it makes you strong and you do things you don’t do at home, you can try different sports’. The older children enjoy the festivals at KEVICC, as well as the competitions. Some of the reasons for not enjoying it are, having to change and ‘I don’t like jumping’.

The importance of PE is being embedded in the children’s knowledge in all key stages. They understand that it keeps you fit and healthy, that it gives you energy and that it gives you a ‘healthy brain’ and is good for your mental health.

The children feel that the following things would make PE better:

* having PE more frequently
* using the apparatus more
* trying more sports and activities eg paddle boarding, golf, kung fu
* more sessions at KEVICC

**Clubs**

Throughout the year, a number of active clubs have been run for children from year 1 to year 6. The range of free clubs on offer have been: Girls football, hockey, cricket, badminton and year1 football. Paid clubs on offer are tennis, gymnastics and football.

In conclusion, I feel that the profile of PE is continuing to increase, with100% of children participating in a wide range of activities and the number of children participating in activities is increasing. With the funding the children will continue to develop life-long skills. Children enjoy PE and understand the health benefits for taking part in physical activity regularly. In my opinion, after looking at the table which shows the numbers of children participating in school sport and competitions the funding has without a doubt improved the provision and standards of PE at The Grove. The most important factor is that nearly all of the children enjoy PE and being active, which is essential if they are to develop life long love for physical education and children are now beginning to recognise the importance of PE on their mental health as well as their physical health.